



North Crowley High School

## Inclement Weather and Emergency Procedures

This handbook is to provide coaches and administrators with an Emergency Action Plan should EMS be activated for emergency situations or in case of severe weather conditions. Severe weather and emergency situations may arise at any time during athletic events. Since weather is unpredictable, you can never give exact guidelines. Good common sense should also be utilized. Severe weather is defined as any weather related situation requiring all athletes and spectators to move to safe shelter. Expedient action must be taken in order to prevent life threatening conditions. Student safety is a priority over the completion of an athletic event.

Coaches and administrators are advised to review the following guidelines in order to be prepared should a severe weather or emergency situation arise. Guidelines are in accordance with UIL and State Law mandates and in conjunction with CISD policies and procedures.

# Safety Training

Senate Bill 82, in effect since the 2007-2008 school year, related to safety regulations for certain public school extracurricular activities.

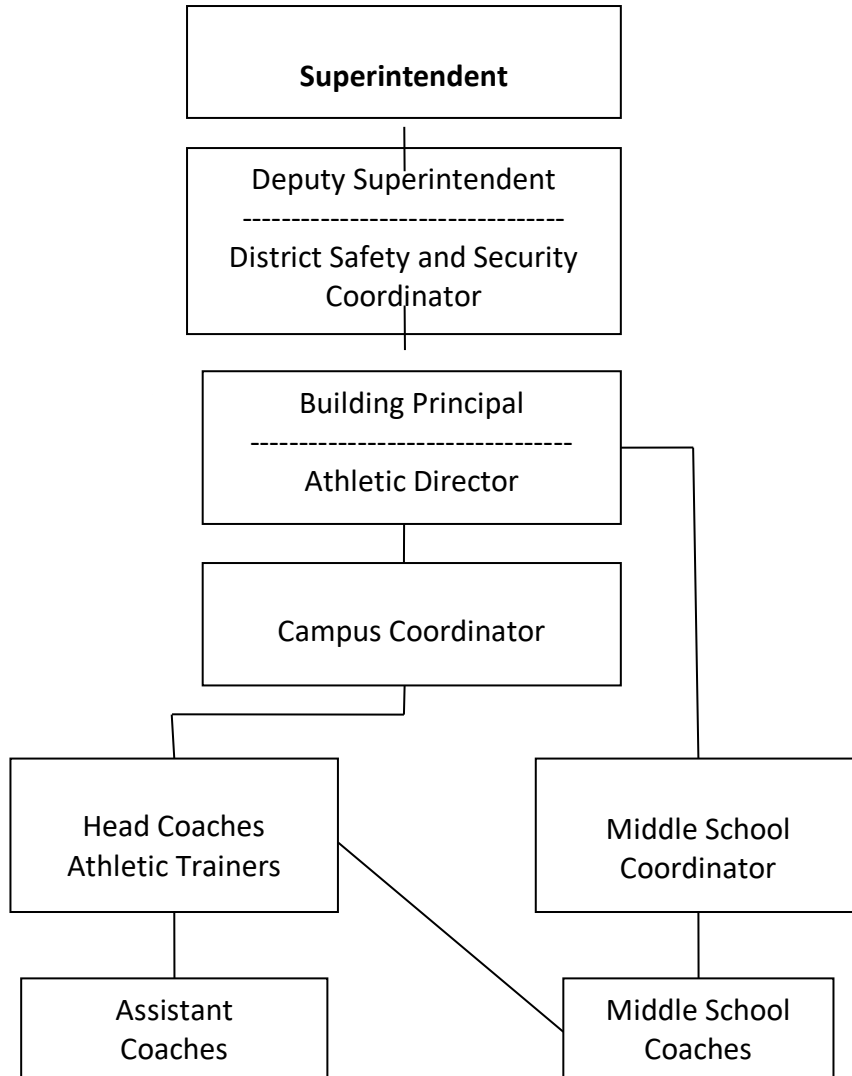
This legislation:

1. Requires safety training for all coaches or sponsors for athletic activities, and any marching band director. UIL has developed a safety training program for coaches and sponsors of athletic activities that is available through the UIL Online as part of the Rules Compliance Program. [Visit the Rules Compliance Program to complete Safety Training.](#)

[Additional information from the Texas Administrative Code, Chapter 76.1003, on these requirements as they pertain to athletic trainers and team physicians.](#)

2. Mandates that schools, at least once per year, conduct a safety drill that incorporates the training described in the safety training program developed by UIL.
3. Requires that student athletes be provided training in recognizing symptoms of catastrophic injuries, including head and neck injuries, concussions, asthma attacks, heatstroke, cardiac arrest and injuries requiring use of an AED, the risks of using nutritional supplements. This training can be conducted by the school, using the materials available on the SB 82 portion of the Health and Safety Section of the UIL web site. [Download safety training Powerpoint presentation.](#) (revised June 2016)
4. Mandates that unsafe athletic activities are prohibited and schools must make sure that safety precautions are required (asthma medication, hydration materials present, emergency lanes clear etc.)
5. Requires that any student who is rendered unconscious while participating (in practice or game) cannot participate further in that practice or game anymore and must get written clearance prior to any further participation.
6. Mandates that records of compliance with the requirements of the legislation be kept and be made public upon request.
7. Requires that non-compliance with the provisions of the bill could subject the school to penalties as outlined in section 27 and 29 of the Constitution and Contest Rules.
8. Mandates that the Texas Education Agency create hotline number and email address for reports of non-compliance and schools must post that information in their administration offices. To report complaints or violations, contact the Curriculum Division of the Texas Education Agency by phone at 512-463-9581 or by email at [curriculum@tea.state.tx.us](mailto:curriculum@tea.state.tx.us).
9. Requires the text of sections of bill as well as the Parent Information Manual must be provided to parents of participants. The bill does allow that the required materials can be provided electronically, unless specifically requested otherwise.

# CISD CHAIN OF COMMAND



## Emergency Contacts

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CISD will follow the recommended policy for conducting practices, conditioning workouts, walk throughs and games in all sports during times of extremely high heat and/or humidity for all UIL sanctioned athletic events. New research has found the gold standard for implementation of heat illness policy is to use the Wet Bulb Globe Temperature as a means to track appropriate conditions for outside activity and therefore mitigate the chance of Exertional Heat Illness. This policy shall follow modified guidelines of the American College of Sports Medicine in regard to:

1. The scheduling of practices at various heat/humidity levels
2. The ratio of workout time to time allotted for rest and hydration at various heat/humidity levels.
3. The heat/humidity level that will result in practice being terminated.

As environmental temperature and humidity increase, there is an increase in the heat stress that is placed on the exercising individual. Exercise in the heat causes athletes to rely on evaporation of sweat from the skin as the primary method of dissipating heat that is produced by the working muscles. As humidity increases, the ability to dissipate heat through evaporation is further hindered, thus causing the body to have an increased body temperature, which increases the risk of EHS

A Wet Bulb Globe Temperature (WBGT) device is a measurement tool that uses ambient temperature, relative humidity, wind, and solar radiation from the sun to get a measure that can be used to monitor environmental conditions during exercise. Establishing WBGT guidelines that dictate modifications in activity (work:rest ratios, hydration breaks, equipment worn, length of practice) at given WBGT temperatures play a huge factor in helping to prevent EHS.

### **HOW DO WE GET OUR NUMBERS?**

When establishing WBGT guidelines for physical activity, the guidelines must be region (geographic) specific. For example, an athlete playing football in Texas may be accustomed to warm environmental conditions, unlike a football player from Maine. A football player practicing in 90°F temperatures in Texas could be comfortable whereas a football player practicing in the same conditions in Maine could be experiencing the worst conditions they have felt all year, which would increase the risk of heat illness.

The map and the following table, also adopted from [Grundstein et al. Regional heat safety thresholds for athletes in the contiguous United States. Appl. Geography. 2015.pdf](#), provides a guideline for modification of activity based on the environmental conditions in each region.



Cat 3	Cat 2	Cat 1	Activity Guidelines
< 82.0°F <27.8°C	< 79.7°F <26.5°C	< 76.1°F <24.5°C	Normal Activities – Provide at least three separate rest breaks each hour with a minimum duration of 3 min each during the workout.
82.2 - 86.9°F 27.9-30.5°C	79.9 - 84.6°F 26.6-29.2°C	76.3 - 81.0°F 24.6-27.2°C	Use discretion for intense or prolonged exercise; Provide at least three separate rest breaks each hour with a minimum duration of 4 min each.
87.1 - 90.0°F 30.6-32.2°C	84.7 - 87.6°F 29.3-30.9°C	81.1 - 84.0°F 27.3-28.9°C	Maximum practice time is 2 h. <b>For Football:</b> players are restricted to helmet, shoulder pads, and shorts during practice. If the WBGT rises to this level during practice, players may continue to work out wearing football pants without changing to shorts. <b>For All Sports:</b> Provide at least four separate rest breaks each hour with a minimum duration of 4 min each.
90.1 - 91.9°F 32.2-33.3°C	87.8 - 89.6°F 31.0-32.0°C	84.2 - 86.0°F 29.0-30.0°C	Maximum practice time is 1 h. <b>For Football:</b> No protective equipment may be worn during practice, and there may be no conditioning activities. <b>For All Sports:</b> There must be 20 min of rest breaks distributed throughout the hour of practice.
≥ 92.1°F ≥ 33.4°C	≥ 89.8°F ≥32.1°C	≥ 86.2°F ≥30.1°C	No outdoor workouts. Delay practice until a cooler WBGT is reached.

Based on the above map and table, Crowley ISD and its affiliated schools would follow the guidelines for Category 3. The following table will be used to determine activity. Modifications have been made for middle school athletes as they are less likely to have had access to and been acclimated to summer strength and conditioning and predominantly have far different physiological makeups and body maturation.

WET BULB GLOBE THERMOMETER		ACTIVITY GUIDELINES & REST BREAK GUIDELINES
Middle School	High School	
< 82	< 82	<b>Normal Activities:</b> Provide at least 3 separate rest breaks each hour with a minimum duration of 3 minutes each. Use discretion for intense or prolonged exercise.
82.1 – 83.9	82.1 – 86.9	Use discretion for intense or prolonged exercise; watch at-risk players carefully; provide separate rest breaks each hour for a minimum of 4 minutes duration each.
84.0 – 86.9	87.0 – 89.9	Maximum practice time is 2 hours each. <b>Football:</b> players are restricted to helmet, shoulder pads, and shorts during practice. If the WBGT rises to this level during practice, players may continue to <u>workout</u> wearing football pants without changing to shorts. <b>All Sports:</b> provide at least 4 separate rest breaks each hour with a minimum duration of 4 minutes each. <b>Consider delaying or rescheduling competitions.</b>
87.0 – 90.0	90.0 – 92.0	Maximum practice time is 1 hour. <b>Football:</b> NO protective equipment may be worn during practice, and there may be NO conditioning activities. <b>All Sports:</b> there must be 20 minutes of rest breaks distributed throughout the hour of practice. <b>Consider delaying or rescheduling competitions.</b>
> 90	> 92	<b>NO Outdoor Workouts:</b> cancel or delay practice and competitions until a cooler WBGT is reached.

Implementation of the policy will be overseen by CISD Athletic Director, with the aide of all Campus Coordinators, Athletic Trainers, and Head Coaches. Readings will be recorded by campus ATs to document compliance.

## Directions for Implementation:

- Readings will be taken using the district approved WeatherSentry DTN weather app for WBGT and monitored using the apps warnings via text to all involved parties. Secondary options will be handheld devices kept by campus ATs and readings will be checked 30 minutes prior to activity and every hour after.
- The “timer” starts when the first group of athletes hit the field.
  - Should programs be split up into subgroups, it is the responsibility of the coaches to make sure that they keep track of all athletes and their exposure times.
    - Ex: Defense goes outside while Offense is in weight room. The restrictions for the start of practice is MAX 1 hour. Position coaches will have to ensure that each athlete in the group follows that guideline. They will need to identify athletes who may be required to get reps in both Defense and Offense and make sure they stay within their hour.
- The temperature and corresponding guideline remains absolute unless temperatures RISE and guidelines become more restrictive.
  - Ex: Beginning Temp is 88.3. The guideline are in ORANGE zone and calls for MAX 2 hours. If temps rise 30 minutes after start and fall into RED zone, then Red zone rules will apply. Athletes will only be allowed one hour MINUS the previous time spent out.
  - Ex: Beginning Temp is 91.1. The guidelines are in RED zone and calls for MAX 1 hour. If temps drop 30 minutes into start and fall back into ORANGE zone, the guidelines remain the same. Core temperatures have already been pushed to their limits and will not decrease significantly enough to be safe. Max will remain at 1 hour.
- Gradually Acclimatize Athletes
  - Get them accustomed to working out in the heat. A gradual acclimatization for the student(s) to hot/humid conditions is a must. We advise gradual increase exposure to hot and/or humid environmental conditions over a period of 7 to 10 days for students to achieve acclimatization.
    - Football – These athletes will use the mandatory UIL calendar and guidelines for acclimatization.
    - Cross Country - These athletes must be monitored closely at all times. Running distance should be increased gradually
    - Volleyball and Basketball (indoor sports) - Coaches should be aware that heat problems can occur indoors if the athletes are not properly hydrated. If a coach chooses to practice outdoors, he/she should be aware of the weather conditions. These athletes will not be accustomed to the heat outdoors. They MUST be monitored very closely and water should be readily available.
    - Soccer, Track, Tennis, Baseball and Softball - The first 3-4 practices should not be overly strenuous. Overuse/friction injuries will be dramatically decreased in these sports if athletes start workouts at 50% and ease in to a full 100%. This usually takes two to three weeks for track athletes.
- Identify Susceptible Athletes
  - Those athletes that are obese or have a larger muscle mass tend to have more heat related problems. Keep a close eye on these athletes.
  - Athlete who come in late to programs need to be monitored and acclimated appropriately. They should not just jump in full go with the more advanced athletes.
- Uniforms
  - Use lightweight, breathable jerseys/pants in hot weather months. Watch for athletes wearing extra clothing.
- Hydration and Rest Breaks
  - Rest time should involve both unlimited hydration intake (water or electrolyte drinks) and rest without activity involved.
  - For Football: Helmets should be removed during rest time.
  - The site of rest time should be a “cooling zone” and not in direct in sunlight when available.
  - Ice towels, spray bottles filled with ice water and cold immersion tubs should be available at the “cooling zone” for the benefit of any player showing early signs of heat illness.
  - Athletes should have unlimited access to cold water at all times. **DO NOT RESTRICT WATER AS A FORM OF MOTIVATION!**
- Encourage a Good Diet
  - Athletes MUST eat breakfast/lunch to workout in extreme heat. Fat intake should be somewhat decreased. Salt intake can be slightly increased. Athletes should stay away from carbonated beverages in season.

## Cold Weather Precautions

Cold exposure can be uncomfortable, increase the risk of injury, and impair performance. Factors to take into consideration include more than just the temperature. Wind chill and wet conditions will increase the cooling effect. Wind Chill interacts with the temperature to significantly increase body cooling. The combination of cold air and the deep breathing of exercise can also trigger breathing problems. If the body and clothing are wet, there is an increase of body cooling. This could be from sweat or rain.

- **Chain of Command** – The Office of School Administration, the Athletic Coordinators, the Game Day Administrator and the Athletic Trainers will work together to implement the policy at the time of the event. The Athletic Trainers will have a weather watcher that monitors the forecast. Contracted trainers will contact Middle School and High School Coordinators and High School Trainers. Middle School and High School Athletic Coordinators will contact campus Principals.

1. **Dress in layers** - Athletes should dress in layers and try to stay dry. Heat loss from the head and neck can be as much as 50% of total heat loss; therefore, the head should be covered during very cold conditions.
2. **Warm-up** - Adequate warm-up is essential to prevent injuries, especially in cold conditions. Try to keep warm throughout the practice or contest.
3. **Stay Hydrated** - Dehydration affects the body's ability to regulate temperature whether it is hot or cold conditions.
4. The Office of School Administration will communicate with Fine Arts.

The following guidelines will be used to determine alterations to practice and game schedules due to cold conditions. The temperature and wind chill readings will be taken from a weather verification service. Decisions on contests should be made by 12:00pm of the day of the contest. **Athletic Coordinators will contact the Office of School Safety and Security at 817-297-5255.**

**Temperature is 32 degrees or above with Wind Chill below 26 degrees**

Daylight activities may continue following the guidelines above.

Evening activities will not be played.

**Temperature is below 32 degrees with Wind Chill below 26 degrees**

All activities are moved indoors or canceled.

\*Wet weather could add to the possibility of canceling activities or moving them indoors.



# Lightning Protocol

**Chain of Command** – The Office of School Administration, the Athletic Coordinators, the Game Day Administrator and the Athletic Trainer will work together to implement the policy at the time of the event. The Athletic Trainer will have a weather watcher that monitors the forecast. Contracted trainers will contact Middle School and High School Athletic Coordinators and High School Trainers. Middle School and High School Coordinators will contact campus Principals.

**Thor Guard Monitoring and Siren System** – CISD uses the Thor Guard system as it's primary source for inclement weather detection and lightning safety specifically. Thor guard uses top of the line predictive science to determine imminent danger. When the system predicts the right climate for lightning in the predetermined point of reference, a siren will sound that can be heard throughout campus to alert all participants, coaches, and spectators to seek immediate shelter in one of the designated safe zones. In addition, a strobe light that is mounted by the siren will continue to flash letting all know that all outside activity is suspended until the threat clears. Once the system has determined that all inclement weather has moved outside the area, the siren will signal a safe return to the fields by sounding 3 short blasts and the strobe light will turn off.

**WeatherSentry Monitoring System** – CISD utilizes the Weather Sentry monitoring system as a secondary source that provides all current/real time alerts and information using radar detection of predetermined points of reference that include an Advisory area (20 mile circumference), a Caution Area (15 mile circumference) and a Warning Area (8 mile circumference) around athletic venue. Alerts are sent through text messages and other means to participating coaches, athletic trainers, and administrators giving specific instructions and information regarding inclement weather situations. This means of observation should be utilized before any other to determine safety and subsequent changes in schedules (ie: postponements, cancellations, evacuations...etc)

**In a situation where any CISD team is participating in a venue that is outside the scope of our preferred monitoring systems (off-campus sites), the following monitoring protocols are recommended. However, we encourage our teams to check with their host venue and follow their specific protocols.**

**The 30-30 Lightning Safety Rule** - Using the **Flash-to-Bang** method will be our primary way of tracking a storm. Thunder always accompanies lightening. The audible range of thunder is 8-10 miles. Light travels at the speed of 1 mile every 5 seconds. To use the **Flash-to-Bang** method, count the number of seconds once lightening is sighted until the thunder is heard. Divide by 5 to determine how far away, in miles, the lightening is occurring. Play is suspended when the **Flash-to-Bang** method reaches 30 seconds or less. This means the lightning storm is 6 miles away or closer.

**Skyscan Lightning Detector** - The Skyscan lightning detector will be used as a secondary source to the **Flash-to-Bang** method. The Athletic Trainer will monitor the Skyscan. This instrumentation is effective but cannot guarantee safety. This unit is only used to track the stages of potential lightning. If two consecutive readings in the 3-8 mile range or closer are observed on the monitor, the field will be cleared.

**Resumption of Play** - Resumption of play occurs when lightning has not been detected for 30 minutes. Every time lightning is detected within the 8 mile or less range, the 30-minute clock will restart. The administrator on duty will make the final decision as to whether a contest will be suspended or postponed

**List of Safe Locations** - A safe location is any large enclosed building with plumbing and/or electrical wiring that is used to ground the structure. The secondary safe location is in any vehicle with a hard metal roof, such as a personal vehicle or school bus. Do not touch the sides of the vehicle. While in the safe location, stay away from metal objects, phones and computers that have a land line (cell phones are acceptable).

**Places to Avoid** - Avoid any structure that has an exposed opening such as metal sheds and baseball/softball dugouts. Also avoid high places, open fields, trees, bleachers, metal fences, and open water.

The following guidelines will be used to determine alterations to practice and game schedules due to inclement weather. The occurrence and distance of lightning will be determined from a weather verification service. Decisions on contests will be made accordingly. **Athletic Coordinators will contact the Office of School Administration at 817-297-5292.**

## **Field Conditions**

**Chain of Command** – The Office of School Administration, the Athletic Coordinators, and the Sports Head Coaches will work together to implement the policy at the time of the event. The Athletic Trainer will have a weather watcher that monitors the forecast. Contracted trainers will contact Middle School and High School Athletic Coordinators and High School Trainers. Middle School and High School Athletic Coordinators will contact campus Principals. The Office of School Administration will communicate with Fine Arts.

The above guidelines will be used to determine alterations to practice and game schedules. Decisions on contests will be made accordingly. **Athletic Coordinators will contact the Office of School Administration at 817-297-5292.**

## North Crowley 9<sup>th</sup> Gym1 and Gym2

1. Call 911 to activate EMS
  2. Request EMS personnel to: **4630 McPherson Blvd**
  3. “We have an injured person that needs emergency treatment”
  4. Provide EMS the following information:
    - a. Name of person calling
    - b. Number of victims and their condition
    - c. First aid treatment initiated
    - d. Specific information to locate emergency scene: **Proceed to Main Gym Concourse Entry way on Northwest corner of building.**
- Alternate Entrance: North side of building – proceed through double doors on backside of school, 1<sup>st</sup> door/hallway to the left is athletic hallway and leads to gyms.

### **Tornado Warning / Alert**

**In the event of a tornado alert, an announcement will be made to clear the fields and gyms and proceed to safe shelter.**

Safe Shelter will be:

Main Building

All athletes, coaches, and spectators will proceed to main part of building and get into hallways. CISD Administrators and security will facilitate.

**AED Location: 1<sup>st</sup> Location** – Southeast corner of main gym concourse at D hallway. AED is located in the corner by fire extinguisher.

2<sup>nd</sup> Location – Main Building entry area. AED is located right next to front office doors.

Notes:

- A staff member should accompany any student-athlete or district personnel to hospital when available.
- Parents, guardians, or next of kin should be notified immediately
- Inform administration
- Have medical history available
- Complete appropriate documentation

## NC 9<sup>th</sup> – Auxiliary Football/Soccer Field

1. Call 911 to activate EMS
2. Request EMS personnel to: **4630 McPherson Blvd**
3. “We have an injured person that needs emergency treatment”
4. Provide EMS the following information:
  - a. Name of person calling
  - b. Number of victims and their condition
  - c. First aid treatment initiated
  - d. Specific information to locate emergency scene: **Proceed to Southeast corner to main entrance gate**  
Alternate entrance: Northeast side of field. Follow sidewalk to double gate entrance.

### Lightning

**The CISD Lightning Safety policy will be followed.**

**If bad weather and / or lightning are detected, coaches and officials will be told to clear the field and stadium and proceed to safe shelter.**

**Safe Shelter will be:**

- Main Building (NC9th) – Administrators and Coaches will have access to open building.
- Field House
- Concessions/Restroom Building
- Team Buses
- Spectator Vehicles

**\*Underneath the bleachers is not considered safe shelter.**

All athletes and coaches will need to gather all belongings to take inside with them. Student-athletes will NOT be allowed back outside to retrieve personal items.

### Tornado Warning / Alert

**In the event of a tornado alert, coaches and officials will be told to vacate the field and bleachers.**

Safe Shelter will be:

- Main Building (NC9th)
- Field House
- Concession/Restroom Building

Evacuate the premises as soon as a tornado warning has been issued for Tarrant County. Coaches will escort all athletes to locker rooms and follow the school’s emergency weather protocol.

Spectators will be notified of warning and advised to seek safe shelter.

The visiting team will be escorted to NC 9th and the coaches and administrator on duty will provide them with safe shelter.

**\*The weight room/Pit should only be used as last option. Seek shelter in more secure area when possible.**

**AED Location:** Located on outside of Concession building on south end of field.

### Notes:

- A staff member should accompany any student-athlete or district personnel to hospital when available.
- Parents, guardians, or next of kin should be notified immediately
- Inform administration
- Have medical history available
- Complete appropriate documentation

## **NCHS Panther Stadium – (main football field)**

1. Call 911 to activate EMS
  2. Request EMS personnel to: **9100 S Hulen St**
  3. “We have an injured person that needs emergency treatment”
  4. Provide EMS the following information:
    - a. Name of person calling
    - b. Number of victims and their condition
    - c. First aid treatment initiated
    - d. Specific information to locate emergency scene: **Proceed to Fieldhouse on southside of main campus. Northeast corner through double gates for ambulance access.**
- Alternate entrance: Northwest corner of fieldhouse through double gates

### **Lightning**

**The CISD Lightning Safety policy will be followed.**

**If bad weather and / or lightning are detected, coaches and officials will be told to clear the field and stadium and proceed to safe shelter.**

**Safe Shelter will be:**

Field House (Athletes will be escorted by coaches to locker rooms. Locker rooms will be provided to visiting team as well.)

Main Building for any others

Concessions/Restroom Buildings

Team Buses

Spectator Vehicles

**\*Underneath the bleachers is not considered safe shelter.**

All athletes and coaches will need to gather all belongings to take inside with them. Student-athletes will NOT be allowed back outside to retrieve personal items.

### **Tornado Warning / Alert**

**In the event of a tornado alert, coaches and officials will be told to vacate the field and bleachers.**

Safe Shelter will be:

Fieldhouse (for athletes, coaches, and officials)

Main Building for all other

Concession/Restroom Buildings

**\*The weight room/Pit should only be used as last option. Seek shelter in more secure area when possible.**

Evacuate the premises as soon as a tornado warning has been issued for Tarrant County. Coaches will escort all athletes to locker rooms and follow the school’s emergency weather protocol.

Spectators will be notified of warning and advised to seek safe shelter.

The visiting team will be escorted to NCHS Fieldhouse and the coaches and administrator on duty will provide them with safe shelter.

**AED Location:** Located in main entryway of Fieldhouse

2<sup>nd</sup> Location: Northwest corner concession building on wall facing the track.

### **Notes:**

- A staff member should accompany any student-athlete or district personnel to hospital when available.
- Parents, guardians, or next of kin should be notified immediately
- Inform administration
- Have medical history available
- Complete appropriate documentation

## **NCHS Indoor Facility**

1. Call 911 to activate EMS
2. Request EMS personnel to: **9100 S Hulen St**
3. "We have an injured person that needs emergency treatment"
4. Provide EMS the following information:
  - a. Name of person calling
  - b. Number of victims and their condition
  - c. First aid treatment initiated
  - d. Specific information to locate emergency scene: **Proceed to large stand alone building behind softball field. Emergency entrance is off of Southeast corner of the building.**

### **Lightning**

**The CISD Lightning Safety policy will be followed.**

**If bad weather and / or lightning are detected, coaches and officials will be told to clear the field and stadium and proceed to safe shelter.**

**Safe Shelter will be:**

- Indoor Facility
- Weight Room (pit)
- Field House (Athletes will be escorted by coaches to locker rooms)
- Main Building for any others
- Concessions/Restroom Buildings
- Team Buses
- Spectator Vehicles

**\*Underneath the bleachers is not considered safe shelter.**

### **Tornado Warning / Alert**

**In the event of a tornado alert, coaches and officials will be told to vacate the field and bleachers.**

Safe Shelter will be:

- Fieldhouse (for athletes, coaches, and officials)
- Main Building for all other
- Concession/Restroom Buildings

**\*The weight room/Pit and Indoor Facility should only be used as last option. Seek shelter in more secure area when possible.**

Evacuate the premises as soon as a tornado warning has been issued for Tarrant County. Coaches will escort all athletes to locker rooms and follow the school's emergency weather protocol.

Spectators will be notified of warning and advised to seek safe shelter.

The visiting team will be escorted to NCHS Fieldhouse and the coaches and administrator on duty will provide them with safe shelter.

**AED Location:** Inside Indoor Facility on South wall

2<sup>nd</sup> Location: Baseball/Softball Field Concession Stand

### **Notes:**

- A staff member should accompany any student-athlete or district personnel to hospital when available.
- Parents, guardians, or next of kin should be notified immediately
- Inform administration
- Have medical history available
- Complete appropriate documentation

## **NCHS Weight Room – (Pit)**

1. Call 911 to activate EMS
2. Request EMS personnel to: **9100 S Hulen St**
3. “We have an injured person that needs emergency treatment”
4. Provide EMS the following information:
  - a. Name of person calling
  - b. Number of victims and their condition
  - c. First aid treatment initiated
  - d. Specific information to locate emergency scene: **Proceed to large barn on southwest corner of main football stadium.**

### **Lightning**

**The CISD Lightning Safety policy will be followed.**

**If bad weather and / or lightning are detected, coaches and officials will be told to clear the field and stadium and proceed to safe shelter.**

**Safe Shelter will be:**

- Weight Room (pit)
- Field House (Athletes will be escorted by coaches to locker rooms)
- Main Building for any others
- Concessions/Restroom Buildings
- Team Buses
- Spectator Vehicles

**\*Underneath the bleachers is not considered safe shelter.**

### **Tornado Warning / Alert**

**In the event of a tornado alert, coaches and officials will be told to vacate the field and bleachers.**

Safe Shelter will be:

- Fieldhouse (for athletes, coaches, and officials)
- Main Building for all other
- Concession/Restroom Buildings

**\*The weight room/Pit should only be used as last option. Seek shelter in more secure area when possible.**

Evacuate the premises as soon as a tornado warning has been issued for Tarrant County. Coaches will escort all athletes to locker rooms and follow the school’s emergency weather protocol.

Spectators will be notified of warning and advised to seek safe shelter.

The visiting team will be escorted to NCHS Fieldhouse and the coaches and administrator on duty will provide them with safe shelter.

**AED Location:** Northwest corner concession building on wall facing the track.

2<sup>nd</sup> Location: Main entryway in Fieldhouse

### **Notes:**

- A staff member should accompany any student-athlete or district personnel to hospital when available.
- Parents, guardians, or next of kin should be notified immediately
- Inform administration
- Have medical history available
- Complete appropriate documentation

## **NCHS Softball Field**

1. Call 911 to activate EMS
2. Request EMS personnel to: **9100 S Hulen St**
3. “We have an injured person that needs emergency treatment”
4. Provide EMS the following information:
  - a. Name of person calling
  - b. Number of victims and their condition
  - c. First aid treatment initiated
  - d. Specific information to locate emergency scene: **Proceed to west side of main campus to double gate in between the softball and baseball fields right next to concessions building.**  
Alternate entrance for ambulance access: Southeast corner of softball field near scoreboard

### **Lightning**

**The CISD Lightning Safety policy will be followed.**

**If bad weather and / or lightning are detected, coaches and officials will be told to clear the field and stadium and proceed to safe shelter.**

**Safe Shelter will be:**

- Main Building (Athletes will be escorted by coaches to locker rooms)
- Field House
- Concessions/Restroom Buildings
- Team Buses
- Spectator Vehicles

**\*Underneath the bleachers is not considered safe shelter.**

**\*Dugouts are not considered safe shelter.**

All athletes and coaches will need to gather all belongings to take inside with them. Student-athletes will NOT be allowed back outside to retrieve personal items.

### **Tornado Warning / Alert**

**In the event of a tornado alert, coaches and officials will be told to vacate the field and bleachers.**

Safe Shelter will be:

- Main Building for everyone
- Concession/Restroom Buildings
- All athletes, coaches, and spectators will proceed to main part of building and get into hallways. CISD Administrators and security will facilitate.

Evacuate the premises as soon as a tornado warning has been issued for Tarrant County. Coaches will escort all athletes to locker rooms and follow the school’s emergency weather protocol. Spectators will be notified of warning and advised to seek safe shelter.

**AED Location:** Located on Concession building in between restroom doors.

2<sup>nd</sup> Location: Inside main building in athletic hallway just outside of Girls Athletics Locker room.

### **Notes:**

- A staff member should accompany any student-athlete or district personnel to hospital when available.
- Parents, guardians, or next of kin should be notified immediately
- Inform administration
- Have medical history available
- Complete appropriate documentation

## **NCHS Baseball Field**

1. Call 911 to activate EMS
2. Request EMS personnel to: **9100 S Hulen**
3. “We have an injured person that needs emergency treatment”
4. Provide EMS the following information:
  - a. Name of person calling
  - b. Number of victims and their condition
  - c. First aid treatment initiated
  - d. Specific information to locate emergency scene: **Proceed to west side of main campus to double gate in between the softball and baseball fields right next to concessions building.**  
Alternate entrance for ambulance access: Northeast corner of field next to batting cage barn

### **Lightning**

**The CISD Lightning Safety policy will be followed.**

**If bad weather and / or lightning are detected, coaches and officials will be told to clear the field and stadium and proceed to safe shelter.**

**Safe Shelter will be:**

- Main Building (Athletes will be escorted by coaches to locker rooms)
- Field House
- Concessions/Restroom Buildings
- Team Buses
- Spectator Vehicles

**\*Underneath the bleachers is not considered safe shelter.**

**\*Batting Cage Barn and Dugouts are not considered safe shelter.**

All athletes and coaches will need to gather all belongings to take inside with them. Student-athletes will NOT be allowed back outside to retrieve personal items.

### **Tornado Warning / Alert**

**In the event of a tornado alert, coaches and officials will be told to vacate the field and bleachers.**

Safe Shelter will be:

- Main Building for everyone
- Concession/Restroom Buildings
- All athletes, coaches, and spectators will proceed to main part of building and get into hallways. CISD Administrators and security will facilitate.

Evacuate the premises as soon as a tornado warning has been issued for Tarrant County. Coaches will escort all athletes to locker rooms and follow the school’s emergency weather protocol. Spectators will be notified of warning and advised to seek safe shelter.

**AED Location:** Located on Concession building in between restroom doors.

2<sup>nd</sup> Location: Inside main building in athletic hallway just outside of Girls Athletics Locker room.

### **Notes:**

- A staff member should accompany any student-athlete or district personnel to hospital when available.
- Parents, guardians, or next of kin should be notified immediately
- Inform administration
- Have medical history available
- Complete appropriate documentation



## NCHS Gyms

1. Call 911 to activate EMS
2. Request EMS personnel to: **9100 S Hulen St**
3. “We have an injured person that needs emergency treatment”
4. Provide EMS the following information:
  - a. Name of person calling
  - b. Number of victims and their condition
  - c. First aid treatment initiated
  - d. Specific information to locate emergency scene: **Proceed to southside of main building to Main Gym Concourse**

Alternate Entrance: Southwest corner of main building. Double doors lead to athletic hallway and gyms.

### **Tornado Warning / Alert**

**In the event of a tornado alert, coaches and officials will be told to vacate the field and bleachers.**

Safe Shelter will be:

Main Building

All athletes, coaches, and spectators will proceed to main part of building and get into hallways. CISD Administrators and security will facilitate.

Evacuate the premises as soon as a tornado warning has been issued for Tarrant County. Coaches will escort all athletes to locker rooms and follow the school’s emergency weather protocol.

Spectators will be notified of warning and advised to seek safe shelter.

**AED Location:** Located in Gym Foyer outside Gym 2 double doors.

2<sup>nd</sup> Location: Inside athletic hallway just outside of Girls Athletics Locker room.

### **Notes:**

- A staff member should accompany any student-athlete or district personnel to hospital when available.
- Parents, guardians, or next of kin should be notified immediately
- Inform administration
- Have medical history available
- Complete appropriate documentation

## **NCHS Tennis Courts**

1. Call 911 to activate EMS
2. Request EMS personnel to: **9100 S Hulen St**
3. “We have an injured person that needs emergency treatment”
4. Provide EMS the following information:
  - a. Name of person calling
  - b. Number of victims and their condition
  - c. First aid treatment initiated
  - d. Specific information to locate emergency scene: **Proceed to northwest side of campus directly behind main building between portable buildings.**

### **Lightning**

**The CISD Lightning Safety policy will be followed.**

**If bad weather and / or lightning are detected, coaches and officials will be told to clear the field and stadium and proceed to safe shelter.**

**Safe Shelter will be:**

- Main Building (Athletes will be escorted by coaches to locker rooms)
- Concessions/Restroom Buildings
- Team Buses
- Spectator Vehicles

**\*Underneath the bleachers is not considered safe shelter.**

All athletes and coaches will need to gather all belongings to take inside with them. Student-athletes will NOT be allowed back outside to retrieve personal items.

### **Tornado Warning / Alert**

**In the event of a tornado alert, coaches and officials will be told to vacate the field and bleachers.**

**Safe Shelter will be:**

- Main Building for everyone
- Concession/Restroom Buildings
- All athletes, coaches, and spectators will proceed to main part of building and get into hallways. CISD Administrators and security will facilitate.

Evacuate the premises as soon as a tornado warning has been issued for Tarrant County. Coaches will escort all athletes to locker rooms and follow the school’s emergency weather protocol.

Spectators will be notified of warning and advised to seek safe shelter.

**AED Location:** Inside main building in athletic hallway just outside of Girls Athletics Locker room.

### **Notes:**

- A staff member should accompany any student-athlete or district personnel to hospital when available.
- Parents, guardians, or next of kin should be notified immediately
- Inform administration
- Have medical history available
- Complete appropriate documentation

## **Crowley ISD Multi-Purpose Stadium**

1. Call 911 to activate EMS (If not already onsite) Onsite Medstar is located at South-East field level tunnel
2. Request EMS personnel to: 9900 Hemphill St., Fort Worth, TX 76134
3. “We have an injured person that needs emergency treatment”
4. Provide EMS the following information:
  - a. Name of person calling
  - b. Number of victims and their condition
  - c. First aid treatment initiated
  - d. Specific information to locate emergency scene: **Proceed to Main Entrance on southside of facility. South-east corner tunnel entrance for ambulance access.**Alternate entrance: Southwest corner of fieldhouse through double gates
  - Give EXACT location of victim – Ex: On field, home/visitor sideline, home/visitor locker room, south/north side of home/visitor middle concourse of stands, south/north side of home/visitor 3<sup>rd</sup> level. Use location markers like “just past the concessions, bathrooms, elevator...etc” Station people outside and at stairs to help direct First Responders

### **Lightning**

**The CISD Lightning Safety policy will be followed.**

**If bad weather and / or lightning are detected, coaches and officials will be told to clear the field and stadium and proceed to safe shelter.**

**Safe Shelter will be:**

- Field House (Athletes will be escorted by coaches to locker rooms. Officials to their locker room)
- Concourse/Concessions/Restrooms (Administration/Security will escort and monitor students)
- Team Buses
- Spectator Vehicles

All athletes and coaches will need to gather all belongings to take inside with them. Student-athletes will NOT be allowed back outside to retrieve personal items.

### **Tornado Warning / Alert**

**In the event of a tornado alert, coaches and officials will be told to vacate the field and bleachers.**

Safe Shelter will be:

- Fieldhouse (for athletes, coaches, and officials)
- Concourse/Concessions/Restrooms (Administration/Security will escort and monitor all students and spectators)

\*Any overflow of students will be escorted to hallways of Fieldhouse

Evacuate the premises as soon as a tornado warning has been issued for Tarrant County. Coaches will escort all athletes to locker rooms and follow the school’s emergency weather protocol.

Spectators will be notified of warning and advised to seek safe shelter.

**AED Locations:** Field House

- Home side Main Concourse – South end
- Visitor side Main Concourse – South end
- Press Box Level 1
- Press Box Level 2

\*Administration and Security should have plan on how to communicate between levels from Press Box all the way down to sideline on both visitor and home side.

### **Notes:**

- A staff member should accompany any student-athlete or district personnel to hospital when available.
- Parents, guardians, or next of kin should be notified immediately
- Inform central administration
- Have medical history available
- Complete appropriate documentation